**TERM 1 MENU**

- **Green** - Healthy Choice
- **Amber** - Eat in Moderation
- **Red** - Not at our Tuckshop

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**TUCKSHOP OPEN**

- **Thursday 1:00pm to 2:00pm (Watch for Meal Deals)**
- **Friday 8:00 to 2:00pm**

**Convenor:** Julie Haslam  
**Tuckshop Ph:** 3550 5419  
**Email:** pandc@fernhillss.eq.edu.au

**PRICES ARE SUBJECT TO CHANGE**

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**THIS IS HOW TO ORDER**

- Please place orders in 'Order Slot' before **8.45 am**
- All orders (including ice blocks, drinks and snacks) to be placed using the paper bag/prepaid system.
- No 'over the counter' buying available this term before school, at morning tea or lunch.

- **Due to Health and Safety Regulations,** two bags may be required:
  - One bag for HOT items e.g. pasta, pies, pizza
  - One bag for COLD items e.g. sandwiches, drinks, chips, Homebake

- Please clearly write: **Child’s name** and **Class** on BOTH bags. Big Lunch or Morning Tea
  1. Tally prices on bag and place money inside (as per below)
  2. Fold and place in the other bag (no sticky tape or staples)
  3. Remind your child to take their order to the Tuckshop **BEFORE** school starts.

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<table>
<thead>
<tr>
<th>B/L</th>
<th>Child’s Name:</th>
<th>Class</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Fried Rice</td>
<td>$3.70</td>
</tr>
<tr>
<td>+</td>
<td>Cold Bag</td>
<td>$3.00</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td></td>
<td><strong>$6.70</strong></td>
</tr>
</tbody>
</table>

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**CONVENOR:**  
**Tuckshop Ph:** 3550 5419  
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**Volunteers:**

Volunteers are a valuable part of our tuckshop operations. The more volunteers we have, the lower we can keep our prices! You don’t need to be a chef to help at the tuckshop. If you can pack drinks, make sandwiches, serve ice blocks or wash up - we need your help! See your child’s face light up when they come to the tuckshop and see their Mum or Dad or Grandma or Grandad or Aunt or Uncle! It’s a fantastic way to meet new people and be part of your child’s education. If you can spare an hour, half a day or a whole day, please contact Julie to become one of our treasured tuckshop volunteers.

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**If you have any special dietary needs, please come and see us in the tuckshop. We are more than happy to go through our menu and highlight the products that meet your requirements**
FRUIT & SALADS
(All fruits are green items)

Apple Slinky (We use Green Apples, Red Apple on request) ......................... $1.50
Piece of Fruit (Seasonal) ) Orange, Apples (Green or Red),
  Slice of W/Melon and other fruit when in season eg. Grapes, Mandarins.......... $1.50
Small Seasonal Fruit Salad ........................................................................... $3.00
Chicken Caesar Salad (Chicken, Lettuce, Bacon, Parmesan Cheese
  Croutons and Caesar Dressing) ................................................................. $5.00
Garden Salad (Lettuce, Tomato, Carrot, Cucumber, Cheese, Capsicum, Red Onion) $4.50

Additional Items included in your salad, add the “extras” price to base price
Ham or Chicken ...................................................................................... $1.50
Salad Dressing (Italian/Ranch) ............................................................. $0.30
Boiled Egg ............................................................................................ $0.80

SANDWICHES, WRAPS AND SALADS
Made Fresh Daily using White Bread. Wholemeal available on request.

Vegetable/Jam/Honey ............................................................................... $1.00
Egg, Lettuce & Mayo Sandwich .............................................................. $2.50
Ham or Chicken Sandwich (Add Cheese for $0.80, Add Mayo for $0.30) ........ $3.00
Ham, Cheese & Tomato Sandwich ......................................................... $3.70
Salad Sandwich (Lettuce, Cheese, Tomato, Carrot & Cucumber) ............... $3.50
Ham or Chicken & Salad Sandwich (Salad is same as Salad Sandwich) ....... $4.50

Add Toasting ....................................................................................... $0.20
Add Wrap ............................................................................................... $0.60
Add Bread Roll ...................................................................................... $0.60

HOT FOOD
Available for Morning Tea and Lunch
(Use Separate Bags for each Lunch Order)

Crispy Chicken Burger (Lettuce, Tomato and Mayo) (Add Cheese $0.80) .......... $4.00
Fish, Gems & Salad (Piece of Fish, 5 Potato Gems & Side Salad) ................ $3.50
Tartare Sauce/Tomato/BBQ/Lemon Wedge (Add extra for each) ............... $0.30
Southern Style Tenderloin Wrap (with Lettuce, Tomato and Mayo) ........... $3.00
Pita Pizza - Hawaiian *Home Made* ....................................................... $2.70
Corn on the Cob ..................................................................................... $1.40
Fried Rice (Rice, Corn, Ham, Egg & Shallots, Soy Sauce) *Home Made* ...... $3.70
Chicken Wedges (2) ............................................................................... $1.50
Garlic Bread ........................................................................................... $1.50
Hot Dog (comes with Tomato sauce) ....................................................... $2.80
Mini Pie ................................................................................................. $1.80
Sausage Roll, lite .................................................................................... $2.50

Add Sauce - tomato, BBQ, mayonnaise .................................................. $0.30

SNACKS

Sao x 2 with Cheese (add tomato for 20c extra) ................................ $1.00
Pikelets x 2 - plain (add butter/jam for 30c extra) *Home Made* ........... $1.00
Home Bake (Freshly made Muffins & Slices) *Home Made* ................. $1.50
Boiled Egg .......................................................................................... $0.80
Jumpy’s - Chicken ............................................................................... $1.00
Red Rock Deli Chips - Sea Salt / Honey Soy Chicken ......................... $1.50

DRINKS

Water 600ml ..................................................................................... $1.50
100% Juice Pop Tops 250ml (Apple, Apple & Blackcurrant & Orange) .... $2.00
Breaka 250ml (Chocolate or Strawberry) ............................................ $2.00

FROZEN TREATS (Available Lunch Time Only)

Frozen Juice Cup $0.50  Torpedo ......................................................... $0.50
Ice Cream Cup - Vanilla $1.00  Ice Momy (KA Bluey, TNT or Chocolate) $0.80
Frozen Yoghurt (Mango or Strawberry) ............................................. $2.00
TUCKER ON THE WAY
SUMMER SPECIALS

- Frozen Hula Hoops (Pineapple Rings) $1.00
- Pasta Bolognaise (While Stocks Last) (Home Made) $3.70
- Rice Paper Rolls (2) (Comes with Dipping Sauce) (Chicken, noodles, cucumber, capsicum) $4.50
- Small Quiche (Bacon & Onion) (1) $1.40
  or 2 Small Quiches $2.50
- Kid's Survival Pack (popcorn, dried apple, sultanas & apricots) $1.20